

Who does this apply to:	Island Health Primary Care Clinicians
Purpose:	To provide a comprehensive guide on provincial and federal Social Determinants of Health (SDoH) resources for Primary Care Clinicians.

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Crisis Resources

Provincial – Crisis Resources

Kids Help Phone is available to children and youth to speak to a counsellor day or night. Counsellors are available to speak to anonymously about concerns with abuse and can help children and youth to call the police or child protective services.

Information:

[Kids Help Phone](#)

Contact: 1-800-668-6868

Crisis Intervention and Suicide Prevention Centre of British Columbia: provides a toll-free number connecting callers to a BC crisis line, without a wait or busy signal. Offers emotional support, information on appropriate referral options, and a wide range of support relating to mental health concerns.

Information:

[Crisis Intervention and Suicide Prevention Centre of British Columbia](#)

Contacts:

Mental Health Support Crisis Line:
310-6789 (no area code needed)

Seniors' Distress Line:
604-872-1234

Suicide Prevention Line:
1-800-784-2433 (1-800-SUICIDE)

Online Chat:

Online Service for Youth
www.YouthInBC.com

Online Service for Adults
www.CrisisCentreChat.ca

They also offer:

- Mental Health Support Crisis Line
- Suicide Prevention Line
- Seniors' Distress Line
- Online chat for Youth and Adults

KUU-US Crisis Line Society is a non-profit registered charity that provides a 24 hour crisis line to youth adults and elders.

Information:

[Ku'us Crisis Line](#)

Contact:

1-800-588-8717

Seniors Abuse & Information Line: assists older adults with concerns of abuse or mistreatment.

Information:

[Seniors Abuse & Information Line](#)

Contact:

1-866-437-1940, 7 days a week
from 8:00 am to 8:00 pm

BC Society of Transition Houses Directory: Transition Homes, Second and Third Stage Houses and Safe Homes, programs across BC.

Information:

[BC Society of Transition Houses Directory](#)

Did you know? *One in four victims of police-related violence are victimized by a family member.*

Safety Plan:

[Creating a Safety Plan](#)

	<p>Toolkit: Supporting Immigrant and Refugee Women and Children Dealing with Violence in their Relationships</p> <p>Toolkit: Safety Planning with Children and Youth - A Toolkit for Working with Children and Youth Exposed to Domestic Violence</p> <p>Resource: LGBTQ2S and non-binary survivors of violence</p> <p>Resource: Understanding and Responding to Elder Abuse</p>
Victim Services and Violence against Women Program Directory	<p>Information: Victim Services & Violence Against Women Program Directory</p>
Vancouver Island Crisis Line and Chat provides emotional support, crisis and suicide assessment/intervention and resource information to people in BC.	<p>Information: Vancouver Island Crisis Line and Chat</p> <p>Contact: Crisis Line: 1-888-494-3888 Crisis Chat: Crisis Chat Crisis Text: 250-800-3806</p>
<p>Victim Link BC is a toll-free, confidential, multilingual service available across B.C. 24 hours a day, 7 days a week.</p> <p>They provides information and referral services to <u>all</u> victims of crime and immediate crisis support to victims of family and sexual violence, including victims of human trafficking exploited for labour or sexual services.</p>	<p>Information: Victim Link BC</p> <p>Contact: Phone /Text: 1-800-563-0808 Email: VictimLinkBC@bc211.ca.</p>
<p>Youth Against Violence (YAV) Crisis Line is available 24 hours a day, 7 days a week, and is a multilingual service, in all languages for youth to address concerns about individual safety or the safety of others. Concerned parents, teachers, caregivers, service providers and others are also welcome to call for information and assistance.</p>	<p>Information: Youth Against Violence Line</p> <p>Contact: 1-800-680-4264</p> <p>Email: info@youthagainstviolenceline.com</p>

Federal – Crisis Resources	
Hope for Wellness Help Line offers immediate help to all Indigenous peoples across Canada. Available 24 hours a day, 7 days a week to offer immediate support and crisis intervention.	Information: Hope for Wellness Help Line Contact: 1-855-242-3310 Online Chat
Talk Suicide Canada provides assistance and support for a person or loved one thinking about suicide. Support is available 24 hours a day, 7 days a week.	Information: Talk Suicide Canada Contact: 1-833-456-4566
Legal	
Provincial - Legal	
Aboriginal Legal Aid provides culturally safe free legal services to people on a low-income, requiring legal representation.	Information: Aboriginal Legal Aid
Immigration and Refugee Legal Clinic provide free legal advice and representation for low-income people across BC. They focus on assisting individuals and families whose immigration or refugee legal issues are not covered or easy to serve in the traditional legal aid system.	Information: Immigration and Refugee Legal Clinic
Indigenous Justice Centres offer culturally appropriate information, advice, support, and representation for Indigenous people navigating the court system.	Information: Indigenous Justice Centres
Justice Access Centre's provide support and assistance to people navigating the court system.	Information: Justice Access Centres
Legal Aid provides free legal services to people on a low-income, requiring legal representation. This includes free legal assistance for refugee or deportation issues.	Information: Legal Aid BC
Parents Legal Centres (PLCs) provide a free lawyer and an advocate to help parents address the social worker's concerns about their children's safety (child protection) early on. Together they can help find solutions that work for the family. This service is available to parents any time after the social worker contacts them.	Information: Parents Legal Centre (PLC)
Pivot Law offers a list of organizations who provide legal information, advocacy, or representation for a legal issue	Information: Pivot Law
Federal - Legal	
Federal Court Legal Assistance Program assists people with a low income and a chance at success in their immigration or citizenship case.	Information: Federal Court Legal Assistance

Abuse and Neglect

Provincial - Abuse and Neglect

Children and Youth: If you think a child or youth under 19 years of age is being abused or neglected, you have the legal duty to report your concern to a child welfare worker. Your call will be answered by the Provincial Centralized Screening team (PCS) and their primary role is to receive and assess child protection reports and initial requests for ministry service across the province, 24 hours a day, 365 days a year.

Please Note: *If you are unsure about this process, speak with your manager*

Information:

[Reporting Child Abuse in BC](#)

Contact:

1-800-663-9122

*operates 24 hours a day 7 days a week.

Adults with Developmental or Intellectual Disabilities: Community Living British Columbia (CLBC) is a designated agency with specific responsibilities under the Adult Guardianship Act related to responding to allegations of abuse and neglect involving adults eligible for CLBC Services.

Please Note: *If you are unsure about this process, speak with your manager.*

Information:

[Community Living British Columbia \(CLBC\)](#)

[Adult Guardianship and CLBC](#)

Contact:

[Community Living BC](#)

Adults: Island Health [Community Health Services \(CHS\)](#) responds to reports of abuse or neglect of adults. Island Health is an agency designated under AGA Part 3 Support and Assistance for Abused and Neglected Adults to receive and respond to reports of adult abuse, neglect or self-neglect. This applies whether the adult is abused, neglected or self-neglecting in a public place, in the adult's home, a relative's home, a care facility, or any other place except a correctional centre. Any person may make a report to Island Health.

Please Note: *If you are unsure about this process, speak with your manager.*

Information:

[Abuse and Neglect: Designated Responders](#)

Contact:

[Community Health Services](#)

Housing

Provincial - Housing

BC Housing offers a range of housing support programs, as well as affordable and subsidized housing for senior renters with low to moderate incomes.

BC Housing manages public housing in BC, and maintains the housing registry, a subsidized housing listing and application service. The housing registry includes public housing and some non-profit and co-op housing.

Application:

[BC Housing Registry Application](#)

BC Housing Supplement Application is optional and is intended for housing providers to fill available units may give additional consideration to applicants who are homeless; fleeing domestic violence or abuse; or have a serious health condition that is affected by current housing.

Application:

[Supplement Application](#)

<p>Applicants who meet these criteria must have this Supplemental Application Form completed by someone who can verify their situation. The person who fills out this form is called a “third-party verifier”.</p>	
<p>Rental Subsidies for:</p> <ol style="list-style-type: none"> 1. Rental Assistance Program (RAP): Low-income working families, with a dependant child 2. Shelter Aid For Elderly Renters (SAFER) Older adults over the age of 60 	<p>Information:</p> <ol style="list-style-type: none"> 1. Rental Assistance Program (RAP) 2. Shelter Aid For Elderly Renters (SAFER) <p>Application:</p> <ol style="list-style-type: none"> 1. The Rental Assistance Program Application (RAP program) 2. The Shelter Aid for Elderly Renters Application (SAFER)
<p>BC Rebate for Accessible Home Adaptations (BC RAHA) program provides financial assistance in the form of rebates to eligible low-income households to complete home adaptations for independent living.</p>	<p>Information: BC Rebate for Accessible Home Adaptations (BC RAHA)</p>
<p>BC Rent Bank offer interest-free loans to help low-to-moderate income renters who are struggling to pay rent and/or essential utilities (gas/hydro). The maximum loan amount is up to \$3500.</p>	<p>Information: BC Rent Bank Application</p>
<p>Better at Home services vary from community to community. Services are designed to compliment existing services and are based on the unique needs of older adults.</p> <p>Examples include:</p> <ul style="list-style-type: none"> • Friendly visiting • Transportation • Light yard work • Minor home repairs • Light housekeeping • Grocery shopping • Snow shoveling 	<p>Information: The Better at Home Program</p>
<p>Community Health Services (CHS) provides a variety of supportive services to enable individuals with health-related problems to remain independent in their own homes.</p>	<p>Information: Community Health Services</p> <p>Contact: South Island: 250-388-2273 Central Island: 250-739-5749 North Island: 250-331-8570</p>

Co-operative Housing Federation of BC shares information about non-profit and co-op housing complexes that have their own registries and application systems.	Information: Housing Co-operative
Homeless Outreach Program assists people who experience homelessness or are at risk of homelessness.	Information: Homeless Prevention Outreach Worker
Home Owner Grant for people with disabilities, medical conditions and older adults.	Information: Home owner grant for people with disabilities Application: <ol style="list-style-type: none"> Low Income Supplement Application for Property Tax Retroactive Low Income Supplement Application
<p>The M'akola Housing Society provides safe and affordable homes primarily for Indigenous people and families.</p> <p>M'akola Housing Society selects tenants from the Housing Registry. In order to be eligible for one of our family households clients need have an active BC Housing file.</p>	<p>Information: M'akola Housing</p> <p>Application: BC Housing Registry Application</p>
Métis Nation British Columbia provides specific supports to Metis Peoples in the areas of rental assistance, employment support and counselling.	Information: Metis Nation BC
<p>Pacifica Housing offers affordable rental housing for people who have a low-to-moderate income, but may not be eligible for subsidized housing.</p> <p>Applicants for Affordable units can apply directly to Pacifica Housing by completing the Low End of Market (LEM) Housing Application form.</p>	<p>Information: Pacifica Housing</p> <p>Applications: LEM Housing Application</p>
The Residential Tenancy Branch (RTB) provides information to renters and property owner/landlord on issues of tenancy. They also assist with dispute resolution.	Information: Residential Tenancy Branch
Tenant Resource & Advisory Centre (TRAC) has a team of lawyers and legal advocates who can provide free legal representation to eligible tenants living in British Columbia.	<p>Information: Tenant Resource & Advisory Centre</p> <p>Contact: 1-800-665-1185</p>
Supportive Housing provides a range of on-site, non-clinical supports such as: life skills training, connections to health care, mental health or substance-use services. Tenants have self-contained units with kitchenettes and at times share bathrooms.	<p>Information:</p> <ol style="list-style-type: none"> Supportive Housing Vulnerability Assessment Tool (VAT)

<p>Eligibility Requirements:</p> <ul style="list-style-type: none"> • Are a low-income adult • Are homeless or at risk of homelessness • Require supports to live independently • Need support to maintain a successful tenancy <p>Please Note: A qualified clinician needs to complete a VAT Assessment – this process is managed by BC Housing.</p>	<p>Application: Supportive Housing Application</p>
Federal - Housing	
<p>The Home Renovation Tax-Credit is a refundable personal income tax credit to assist with the cost of home modifications that improve accessibility or help an older adult be more functional or mobile in their home.</p>	<p>Information: Home Renovation Tax Credit for Seniors and Persons with Disabilities</p>
<p>Housing Benefits: Information on the GST/HST new housing rebate, buying a home, making homes more energy-efficient and funding for multigenerational home renovation.</p>	<p>Information: Housing Benefits</p>
Food Security	
Provincial – Food Security	
<p>Food Banks, Food Boxes and Coupons - BC Low-income persons may qualify to receive food from a food bank, as well good food boxes, and coupons to farmer markets as well as hot meals.</p> <p>Examples include:</p> <ul style="list-style-type: none"> • Loaves and Fishes • Community Food Bank • Good Food Box • Community Kitchens and Meals • Farmers Market • Community Gardens 	<p>Information:</p> <ol style="list-style-type: none"> 1. Meals and Food Banks in Victoria 2. Cowichan Region Free & Low-Cost Food Resources 3. Meals and Foodbanks in Nanaimo, Parksville and Qualicum Beach 4. Alberni Valley Food Resources 5. Food Bank on the Edge - Ucluelet and Tofino 6. Comox Valley Food Bank 7. Harvest Food Bank - Port Hardy 8. Local Food Banks and Agencies
<p>The Ministry of Social Development and Poverty Reduction (MSDPR) can provide people on income assistance with:</p> <ul style="list-style-type: none"> • Crisis Grant for food • Natal Supplements • Diet Supplement 	<p>Information: Ministry of Social Development and Poverty Reduction</p>

<ul style="list-style-type: none"> Monthly Nutritional Supplement <p>Please Note: <i>There are multiple categories for special diet related to chronic disease that include diabetes and food allergies.</i></p>	
Medical, Dental and Hearing Health	
Provincial - Medical, Dental and Hearing Health	
<p>First Nations Health Authority (FNHA) is the health and wellness partner to over 200 diverse First Nations communities and citizens across BC.</p> <p>The Health Benefits Program covers six benefit areas:</p> <ol style="list-style-type: none"> Dental Medical Supplies and Equipment Medical Transportation Mental Health Pharmacy Vision <p>The program also manages the BC Medical Services Plan (MSP) and pays for ambulance bills for eligible First Nations in BC. Health Benefits provides benefit coverage through partnerships with Pacific Blue Cross (PBC), BC PharmaCare, Indigenous Services Canada (ISC), and First Nations organizations.</p>	<p>Information:</p> <ol style="list-style-type: none"> First Nations Health Authority Health Benefits Guide
<p>BC First Nations Health Handbook developed by First Nations peoples for First Nations peoples.</p>	<p>Information:</p> <ol style="list-style-type: none"> BC First Nations Health Handbook Your Care Your Choices Planning in Advance for Medical Care
<p>Medical Services Plan (MSP): free provincial medical coverage for citizens of BC.</p> <p>Did you know? <i>People who have moved from another province often have to reapply for MSP. Newcomers, have been invited here – and we have a duty to ensure they have BC medical and interventions for their medical needs, as well as social supports for food security and housing.</i></p>	<p>Information: BC MSP Coverage and Enrollment</p>
<p>Fair Pharmacare assists to pay for some medications, medical devices, supplies, such as prostheses, and diabetes supplies. It is income-based, the less a person earns the more help they will receive.</p> <p>Did you know? <i>If a person has not filed their income taxes, they will be charged full price for their medications.</i></p>	<p>Information: Fair Pharmacare: Quick Facts Pharmacare Assistance Levels</p> <p>Application: Online Pharmacare Registration Pharmacare Application (paper)</p>

<p>Fair Pharmacare Deductible and Income Review</p> <p>Did you know? <i>PharmaCare bases a person's yearly deductible on the income tax notice of assessment from 2 years prior – which could impact a person who has had a change in income for illness, disability, retirement or loss of a partner/dependant.</i></p>	<p>Additional Services for Medication costs:</p> <ol style="list-style-type: none"> 1. Help paying for Fair PharmaCare deductible 2. Pharmacare Income Review Application
<p>MSP Supplementary Benefits: provides partial payment for certain medical services, such as acupuncture and massage therapy, and may provide access to other income-based programs. Individuals or families must have an adjusted net income of \$42,000 a year or less to be eligible.</p> <p>Did you know? <i>MSP supplementary benefits include private physiotherapy sessions.</i></p>	<p>Information: Supplementary Benefits</p>
<p>Healthy Kids Program: Children in low and moderate income families may be eligible for basic dental and vision care coverage through the Ministry of Social Development & Poverty Reduction.</p>	<p>Information: About Healthy Kids Program</p>
<p>One Sight offers free eye exams and prescription glasses to people on a low income.</p>	<p>Information: One Sight</p>
<p>Special Authority (SA) grants full or partial coverage to a drug or device that otherwise would not be covered or covered only partially. Coverage is provided to clients with specific medical circumstances.</p>	<p>Information:</p> <ol style="list-style-type: none"> 1. Special Authority (SA) - Province of BC 2. Special Authority drug list
<p>The Sound of Change Initiative provides free hearing assessments, refurbished hearing aids, and communication devices to vulnerable and at-risk populations including low-income seniors and adults.</p>	<p>Information: The Sound of Change Initiative</p>
<p>Federal- Medical, Dental and Hearing Health</p>	
<p>Non-Insured Health Benefits Program (NIHB) provides eligible First Nations and Inuit people with coverage for a range of health benefits including medications, dental and vision care, medical supplies and equipment, mental health counselling and medical transportation.</p>	<p>Information: Non-Insured Health Benefits</p>
<p>The Interim Canada Dental Benefit is intended to lower dental costs for eligible families earning less than \$90,000 per year. Parents and guardians can apply if the child receiving dental care is under 12 years old and does not have access to a private dental insurance plan.</p>	<p>Information: Canada Dental Benefit</p>
<p>The Interim Federal Health Program provides limited, temporary health coverage for resettled refugees, protected persons, and refugee claimants and their dependents. The program covers people who are not eligible for provincial or private health coverage. It includes basic health-care services such as visiting</p>	<p>Information: Interim Federal Health Program</p> <p>Application: Application Form</p>

the doctor, going to the hospital, emergency medicine, and emergency dental (teeth) and eye care.	
Transportation	
Provincial - Transportation	
Angel Flight provides free air transport for cancer patients whose medical conditions make it difficult or impossible for them to travel by conventional means, to and from hospitals, clinics, doctor's offices and other medical facilities on the lower mainland and points on Vancouver Island.	Information: Angel Flight
Bear Essentials offers financial support for equipment, travel costs, and therapy to address special needs of children and youth.	Application: Bear Essentials Application
BC Family Residence Program provides accommodation assistance to enable families to stay together when their <u>child</u> requires medical care at BC Children's Hospital or Sunny Hill Health Centre for Children, including premature babies and newborns with other health concerns.	Information: BC Family Residence Program – Accommodation Support Application: Families may contact Variety - The Children's Charity directly to apply for assistance through this program
BC Transit provides: <ul style="list-style-type: none"> • Transit Bus Service • handyDART: is accessible, door-to-door, customized shared transit service for people with permanent or temporary disabilities that prevent them from using fixed-route transit without assistance from another person. • handyPASS and the Taxi Saver Program allows an attendant to ride free on fixed route buses. It also allows a person to participate in the taxi saver program. • Monthly Bus Pass: for people on provincial disability. 	Information: BC Transit Application: handyDART Application About: handyPASS Photo Specifications
Cops for Kids assists with the financial burdens placed on families of children in medical crisis and work to reduce significant hardship and stress to the family both emotionally and financially. They focus on three funding areas: <ul style="list-style-type: none"> • Travel / Accommodation for medical treatment • Therapies • Specialized Medical Equipment • Grants outside of these funding areas will be considered 	Information: <ol style="list-style-type: none"> 1. Cops for Kids 2. Funding Guidelines Application: Application Form
Disability Status Identification for discounted fares with <i>BC Ferries</i> offer discounts for passengers with: <ul style="list-style-type: none"> • BC Ferries Accessible Fare Identification (AFI) card • Canadian National Institute for the Blind (CNIB) card 	Information: BC Ferries Accessible Pass Application: Application Form

<p>First Nations Health Authority (FNHA): delivers services for Medical Transportation benefits are provided through funding agreements with First Nations bands and organizations.</p>	<p>Information:</p> <ol style="list-style-type: none"> 1. First Nations Health Authority 2. Provision of Medical Transportation Benefits in British Columbia <p>Contact: 1-855-550-5454</p>
<p>Fuel Rebate Program assists with vehicle insurance discounts for people in receipt of this program as well as monies back each year for taxes spent on fuel.</p>	<p>Information:</p> <ol style="list-style-type: none"> 1. Fuel Rebate Program (Provincial) 2. Auto Plan Insurance Discount <p>Application: Fuel Rebate Application</p>
<p>Hope Air provides assistance to people in BC travelling for medical care. This could include:</p> <ol style="list-style-type: none"> 1. Flights 2. Transportation 3. Accommodation 4. Meal vouchers 	<p>Information: Hope Air</p>
<p>Travel Assistance Program (TAP) provides assistance with some or all of the transportation costs for people who must travel within the province for non-emergency medical specialist services not available in their own community.</p> <p>Did you know? <i>BC Ferries customers using the Travel Assistance Program to attend medical appointments can book a complimentary reservation online? A completed TAP form with a confirmation number is required book a reservation on BC Ferries and needs to be presented at the terminal to claim the booking.</i></p>	<p>Information:</p> <ol style="list-style-type: none"> 1. Travel Assistance Program 2. Free Reservations
<p>VI Connector provides bus service to the following communities on Vancouver Island: Victoria, Duncan, Nanaimo, Parksville, Coombs, Port Alberni, Ucluelet, Tofino, Qualicum Beach, Courtenay, Campbell River, Port Hardy and Port McNeill. The Wilson's Group will provide a 25 percent discount off the regular adult fare for TAP travellers on the above routes.</p>	<p>Information: VI Connector</p>
<p>Wheels for Wellness Society provides transportation for residents of Vancouver Island, British Columbia, Canada, to and from non-emergency medical appointments.</p>	<p>Information: Wheels for Wellness</p>
<p>YANA provides accommodation and funding to <i>Comox Valley</i> families who need to travel outside the community for medical treatment for a child under 19 or for a pregnant mother.</p>	<p>Information: YANA</p>

Federal - Transportation	
Refund of Federal Excise Tax on Gasoline assists monies back each year for taxes spent on fuel.	Information: Refund of Federal Excise Tax on Gasoline
Give a Mile offers flights to connect people in palliative or critical care with their loved ones. We allow them to create moments and make memories that will live on. Give a Mile is a registered non-profit in Canada and the US that offers flights worldwide.	Information: Give a Mile
Finance	
Provincial - Finance	
Employment	
Work BC Centres support clients with finding a job and keeping it. Services are available to all unemployed or precariously employed BC citizens legally eligible to work in BC.	Information: Work BC
Work Safe BC assists people with a work-related illness, physical and mental health injuries that may create entitlement to receive compensation and support.	Information: Work Safe BC
Income Assistance	
The Ministry of Social Development and Poverty Reduction (MSDPR) provides Income Assistance and provincial disability benefits.	Website: MSDPR Website
Application for Income Assistance	Application: Online Income Assistance Application
The Professional Line can be used to request 'virtual assistance' to complete an intake where barriers are present for the client (example: no identification, unable to physically access the office) Did you know? An application for income assistance can be completed with the RSW in the urgent and primary care centres.	Professional Line: MSDPR Professional Line Consent: 1. Consent to Disclosure of Information 2. Consent to Disclosure of Information – Service Authorization
Each new application for Income Assistance requires the following documents to be submitted to complete the application Did you know? People often require assistance to submit necessary documents to establish income assistance.	Documentation Checklist: Information/Documentation Checklist Applications to be signed by client: 1. Application for Assistance - Consent (Part 1) 2. Application for Assistance (Part 2)

	<p>Items the client needs to have completed to complete the income assistance application:</p> <ol style="list-style-type: none"> 1. Shelter Information 2. Bank Profile Information Sheet 3. Direct Deposit Request
Person with Multiple Barriers	
<p>The Person with Multiple Barriers (PPMB) application can be completed for a client if income assistance is in place.</p> <p>This service is available for people who experience barriers to employment.</p> <p>Who can help with this application? <i>RSWs, RNs, Registered Clinical Counselor (RCC), Occupational Therapists (OT), Physiotherapist (PT), Chiropractors, Psychologists and providers have the ability to complete this application on behalf of the client.</i></p> <p>Barriers to employment include:</p> <ul style="list-style-type: none"> • Currently experiencing homelessness or having experienced homelessness in the past 12 months • Currently experiencing domestic violence or having experienced domestic violence in the past 6 months • Less than Grade 12 education • Needing English language skills training • Not having basic skills for employment • Having a Criminal Record • Having accessed emergency health, mental health or addiction services multiple times within the past 12 months • Recent Convention refugee (within the past 24 months) or currently a refugee claimant or person applying for protection • Former Child in Care (Ministry of Children and Family Development or similar Canadian jurisdiction) • Other severe barrier to employment listed on their application <p>Did you know? <i>Often people meet one of the criteria's for this service, however are unable to get an appointment and/or access the clinic (e.g. transportation costs) – resulting in them living on \$300 less each month.</i></p>	<p>Criteria: Person with Persistent and Multiple Barriers Criteria</p> <p>Application: Persons with Persistent Multiple Barriers Application Form</p> <p>Practice Pathway: Provincial Disability Invoice Process for PPMB and PWD (LINK)</p>
Person with Disability	
<p>The Person with Disability (PWD) application can be applied for once income assistance is in place, for people who have a chronic medical condition that is expected to be present for 2 years or more. This includes invisible medical conditions, such as depression, anxiety and chronic pain.</p>	<p>Criteria: Person with Disability Criteria</p> <p>Application:</p>

<p>The PWD has 3 sections:</p> <ol style="list-style-type: none"> Section 1: Client section, at times it can be helpful to assist a client to complete this section, as it allows for them to share what their medical conditions are and how they impact their day to day life. Section 2: Is the medical report that can be completed by a physician, Nurse Practitioner (NP) and psychologist. Section 3: Is the assessor assessment that can be completed RSWs, RNs, OT, PT, Chiropractors, and Psychologists. Section 2 and 3: both sections 2 and 3 can be completed solely by the provider (Physician, NP and Psychologist) on behalf of the client. <p>Did you know? <i>People with invisible medical conditions qualify for PWD, even if it is used as a stepping-stone.</i></p>	<p>Persons with Disabilities Designation Application</p> <p>Primary Care Resource: Provincial Disability Invoice Process for PPMB and PWD (<i>in development</i>)</p>
<p>Prescribed Class allows MSDPR to designate someone as a <i>Person with Disabilities (PWD)</i>, <u>without going through the standard application</u> process, if the person has already been approved for another prescribed government program or benefit. Current regulation prescribes the classes of people who will be able to use this more streamlined process to become designated as a PWD.</p> <p>Those classes are:</p> <ol style="list-style-type: none"> People enrolled in BC PharmaCare Plan P, Palliative Care Benefits; People who have been determined by the Ministry of Children and Family Development to be eligible for the At Home Program – Medical Benefits and Respite (a program which assists family with the costs of caring for a severely disabled child); People who have been determined by Community Living British Columbia to be eligible to receive its support and services (Developmental Disability or Personal Supports Initiative); and People determined as <u>disabled</u> by the Government of Canada and eligible for the Canada Pension Plan Disability Benefit or the Canada Pension Plan Post-Retirement Disability Benefit. <p>Did you know? <i>30% or more of the people we see are eligible for prescribed class without applying.</i></p>	<p>Application: Persons With Disabilities Designation Application - Prescribed Class</p>
<p>The Medical Report for a Child, is required when a parent / caregiver has a dependant with a medical condition or disability and is unable to manage organized employment.</p> <p>Did you know? <i>Many sole parents / caregivers, raising a child with a medical condition or disability are unaware of this service.</i></p>	<p>Application: Medical Report – Child</p>
<p>Once approved, this application will provide the person with monies each month; and enable the opportunity to earn, depending on designation, regular</p>	<p>BC MSDPR Income Assistance Amounts: Income Assistance Rate Tables</p>

<p>income assistance, PPMB and PWD. This also puts Medical Services Only (MSO) in place for the duration of the person's life.</p> <p>Did you know? <i>Even with this assistance in place, people continue to live without having enough money to meet their basic needs.</i></p>	
Additional Eligibilities for Clients on Income Assistance, PPMB and PWD	
<p>A Monthly Nutritional Supplement (MNS) is only available to a recipient eligible for the <i>Persons with Disabilities designation</i> who is receiving <i>disability assistance</i> and if the ministry is satisfied that the following conditions are met based on written confirmation by the recipient's <i>medical practitioner, nurse practitioner or registered dietitian</i>:</p> <ol style="list-style-type: none"> the person has a severe medical condition causing a chronic, progressive deterioration of health as a result of this deterioration of health, the person displays two or more of the following symptoms: <ul style="list-style-type: none"> malnutrition underweight status significant weight loss significant muscle mass loss significant neurological degeneration significant deterioration of a vital organ moderate to severe immune suppression to alleviate these symptoms, the person requires one or both of the following items: <ul style="list-style-type: none"> additional nutritional items that are part of a caloric supplementation to a regular dietary intake vitamins and minerals failure to obtain these items will result in imminent danger to the person's life 	<p>Criteria: Monthly Nutritional Supplement Criteria</p> <p>Application: Application for Monthly Nutritional Supplement</p>
<p>Medical or Surgical Supplies may be provided to eligible clients when the ministry is satisfied that all of the following requirements are met:</p> <ul style="list-style-type: none"> the supplies are prescribed by a <i>medical practitioner or nurse practitioner</i> and only the following can be considered: <ul style="list-style-type: none"> wound care ongoing bowel care required due to loss of muscle function catheterization incontinence skin parasite care limb circulation food thickeners lancets needles and syringes ventilator supplies 	<p>A request for Medical Supplies requires a medical note from a <i>doctor or nurse practitioner</i> that includes diagnosis, a list of what client needs each month (specify amount), and how long they will need it for.</p>

<ul style="list-style-type: none"> ○ tracheostomy supplies 	
<p>The ministry provides Medical Equipment and Devices to specific recipients to assist with a medically essential need. There must be no other resources available to the client to provide the medical equipment requested.</p> <p>Medical Equipment is not limited, but does include:</p> <ul style="list-style-type: none"> • CPAP machines • Hearing Aids • Scooters, Wheelchairs and Walkers <p>Did you know? <i>Some people are unable to leave their homes, due to challenges with mobility – a simple referral for medical equipment such as a scooter can assist them to access and participate in community.</i></p>	<p>Application:</p> <ol style="list-style-type: none"> 1. Medical Equipment Request and Justification 2. Orthoses Request and Justification
<p>Additional Benefits available for people receiving Person with Disability (PWD) and Persons with Persistent Multiple Barriers (PPMB)</p> <p>Did you know? <i>Most people receiving services and on PPMB or PWD, do not know what services they are eligible to receive – which can result in increasing crisis which equates to often needing more acute services.</i></p>	<p>Information:</p> <p>Additional benefits for people receiving PPMB or PWD</p>
<p>Public Contact Information for to provide to clients receiving benefits from MSDPR</p> <p>Did you know? <i>At times people can be afraid to speak with government agencies, and often appreciate support to speak with a ministry worker.</i></p>	<p>Information:</p> <p>MSDPR contact information for clients</p>
<p>Medical Services Only (MSO) is available to people and families earning less than \$42,000 and higher if they have a family member approved for the Disability Tax Credit, through Canada Revenue Agency (CRA) for life-threatening health need, such as dialysis and cancer treatment.</p> <p>Did you know? <i>MSO is an underutilized resource that will pay for transportation to and from medical appointments and treatments, fund peoples ability to get transplants (transportation, accommodation and meals) and even offer equipment such as scooters to help people be a part of their communities.</i></p>	<p>Information:</p> <ol style="list-style-type: none"> 1. Life-Threatening Health Need 2. Medical Services Only (MSO) Provides: medical supplies, equipment and transportation
<p>Services for Older Adults</p>	
<p>Senior's Supplement (when not eligible for Canada Pension Plan, and other resources OR if payments are less than the MSDPR monthly amount)</p> <p>Did you know? <i>Many older adults do not know they are eligible for programs that could increase their monthly earnings, and help to keep them at home with the necessities they need to be healthy and safe.</i></p>	<p>Information:</p> <p>Senior's Supplement</p>

All of the SAMPLE documents from MSDPR, can be requested without the client attending the MSDPR office by calling the professional line. The client must be present to give consent.

Income Assistance and Disability Services for Indigenous Peoples living on Reserve

Income Assistance depends on whether a person lives on or off reserve. If a person lives off reserve, they would apply through the Ministry of Social Developmental and Poverty Reduction (MSDPR).

If a person lives on reserve, the income assistance application is completed in their community with the **Band Social Development Worker**.

Please Note: *If a person does not know how to contact their band office, Indigenous Services Canada is available to assist at 1-800-665-9320.*

Information:

[Income Assistance on Reserve](#)

Disability Benefits: In British Columbia, the disability assistance program is often called **"PWD benefits,"** both on and off reserve.

The important difference is that, on reserve, PWD is designated by the **British Columbia Aboriginal Network on Disability Society (BCANDS)** on behalf of ISC and, off reserve, PWD is administered by the Ministry of Social Development and Poverty Reduction (MSDPR).

Information:

[British Columbia Aboriginal Network on Disability Society](#)

Community Living British Columbia

Community Living British Columbia (CLBC) offers person-centered programs for people with developmental disabilities.

Did you know? *CLBC provides personized programs, day programs and residential opportunities to citizens in BC with a developmental disability?*

Information:

1. [CLBC Services](#)
2. [CLBC Residential Supports](#)

Ministry of Children and Family Development

Ministry of Children and Family Development (MCFD) provides services to children and youth, and their families.

Services include:

- Child and Youth with Support Needs, including the At Home Program
- Child & Youth Mental Health
- Youth & Family Services
- Child Protection

Information:

[Ministry of Children and Family Development](#)

Information:

[Children and Youth with Support Needs](#)

Information:

[At Home Program Info Sheet](#)

Application:

[At Home Program Application](#)

Crime and Victims Assistance Program	
<p>Crime and Victims Assistance Program (CVAP) assists victims, immediate family members and some witnesses in coping with the effects of violent crime. It provides financial benefits to help offset financial losses and assist in recovery.</p> <p>Some benefits for victims of crime include:</p> <ul style="list-style-type: none"> • Medical and dental services • Prescription drug expenses • Counselling • Childcare and homemaker services • Disability aids and related disability expenses or services • Vocational services • Income support or lost earning capacity • Transportation and related expenses <p>Did you know? In 2021 42,670 people were charged with a crime that affected another person.</p>	<p>Information: Victims Information Sheet Immediate Family Members Witnesses Information Sheet</p> <p>Application:</p> <ol style="list-style-type: none"> 1. Electronic Victim Application 2. Electronic Immediate Family Member Application 3. Electronic Witness Application Form
Federal Services - Finance	
The Canada Revenue Agency	
<p>The Canada Revenue Agency (CRA) provides people in Canada with financial and social supports. CRA manages income tax, and credits that citizens receive when they complete their income taxes.</p>	<p>About: Income Tax and Tax Credits</p> <p>Information: Provincial and territorial programs</p>
<p>Child Tax Benefit (CTB) a monthly allowance provided to help parents with dependant children.</p> <p>*Note: Income taxes must be filed to receive this benefit</p>	<p>About: Canada Child Benefit</p>
<p>Disability Tax Credit (DTC) and increased benefits for:</p> <ol style="list-style-type: none"> 1. An additional tax credit 2. Additional Child tax credit if the recipient is (0-18) 3. Eligibility for the Registered Disability Tax Savings Plan (RDSP) <p>*Note: Income taxes must be filed to receive this benefit</p> <p>Did you know? Invisible medical conditions qualify and can help people receive substantial financial benefits that are life-changing.</p>	<p>Information:</p> <ol style="list-style-type: none"> 1. Disability Tax Credit 2. Caregiver Credit 3. Child Disability Benefit (CDB) <p>Application: Disability Tax Credit T2201 Form</p>
<p>Benefits and one-time payments provided by CRA (e.g. dental benefit, covid-19 payment)</p> <p>Did you know? CRA often has temporary benefits for specified and individual needs such as the children's dental program.</p>	<p>Information: Interim Benefits (i.e. covid-19 payments)</p>

<p>The Goods and Services Tax/Harmonized Sales Tax (GST/HST) credit is a tax-free quarterly payment that is based on family income.</p> <p>*Note: <i>Income taxes must be filed to receive this benefit</i></p>	<p>Information: GST/HST Credit</p>
<p>Support for clients to complete income taxes. Many programs administered by CRA are dependant on a client completing their income tax returns.</p>	<p>Information:</p> <ol style="list-style-type: none"> Free Tax Clinics Free Income Tax Software
<p>Employment and Social Development Canada (ESDC)</p>	
<p>Programs administered by Employment and Social Development Canada, previously Service Canada</p>	<p>Information: Employment and Social Development Canada</p>
<p>Employment Insurance (EI) applications for clients</p>	<p>Information: Information on EI</p> <p>Application: EI Application</p>
<p>EI Medical Leaves and how to assist a client to apply</p> <p>Did you know? <i>EI medical leaves now offer up to 26 weeks for people requiring time off work for medical reasons</i></p>	<p>Information: Information on Medical EI</p> <p>Application: EI Medical Leave Application</p>
<p>Caregiver Leaves:</p> <ol style="list-style-type: none"> Parental Leave Compassionate Care Leave Family Caregiver Leave 	<p>Information: Information on Caregiver Leaves</p> <p>Application: Parental, Compassionate Care and Family Leave Application</p>
<p>Indigenous Services Canada (ISC): works collaboratively with partners to improve access to high quality services for First Nations, Inuit and Métis. Their vision is to support and empower Indigenous peoples to independently deliver services and address the socio-economic conditions in their communities.</p>	<p>Information: Indigenous Services Canada</p> <p>Contact: 1-800-567-9604</p> <p>Email: infopubs@sac-isc.gc.ca</p>
<p>Canada Pension Plan Disability</p>	
<p>Canada Pension Plan Disability (CPPD) for disability and terminal illness. There are 2 types of CPP disability benefits for people under 65 years old and include:</p> <ol style="list-style-type: none"> CPP Disability for a person under 65 not receiving Canada Pension Plan (CPP) CPP post-retirement disability benefit (60-65 years): Already receiving the CPP retirement pension for more than 15 months or become disabled after starting to receive the retirement pension Ability to receive a top-up from PWD, see Prescribed Class 	<p>Information: Information on CPPD</p> <p>Application (1): CPPD Application (non-terminal illness)</p> <p>Application (2): CPPD Application (terminal illness)</p>

Pension Plans	
<p>Canada Pension Plan (CPP) is a monthly payment for clients who are 60 and older.</p>	<p>Information: Information on CPP</p> <p>Application: CPP Application</p>
<p>The Old Age Security (OAS) pension is a monthly payment for clients who are 65 and older.</p>	<p>Information: Information on OAS</p> <p>Application: Application OAS</p>
<p>The Guaranteed Income Supplement (GIS) is a monthly payment you can get if:</p> <ul style="list-style-type: none"> • you are 65 or older • you live in Canada • you get the Old Age Security (OAS) pension • your income is below the maximum annual income threshold for the GIS based on your marital status. <p>The Supplement is based on income and is available to low-income Old Age Security pensioners. It is not taxable.</p> <p>Did you know? <i>If people do not complete their income taxes, they do not receive this benefit.</i></p>	<p>Information: Information on GIS</p> <p>Application: Application for GIS</p>
Veterans and First Responders	
<p>Veteran's Affairs Benefits</p>	<p>Information: Veteran's Affairs</p>
<p>The Royal Canadian Legion</p> <p>Did you know? <i>The legion assists any family member of the person that has served – this can include a great-great grandchild.</i></p>	<p>Information: Royal Canadian Legion</p> <p>Application: Application Form</p>
<p>The Veterans Emergency Fund (VEF) provides emergency financial support to veterans, their families and survivors whose well-being is at risk due to an urgent and unexpected situation. The emergency fund will provide short-term relief while VEF works with you to identify any long-term needs and possible solutions.</p>	<p>Information: Veterans Emergency Fund</p>
Private Disability Pensions	
<p>Private Disability Pension Plans, are disability pension plans paid under their extended benefits programs. Some of these providers are: Blue Cross, Canada Life, Manulife and Sunlife.</p>	

Did you know? People receiving private disability, require regular updates from their primary care team, or their benefits could be cancelled.

Grant, Loans, Subsidies and Supportive Resources

Provincial - Grant, Loans, Subsidies and Supportive Resources

Athletes for Kids (A4K) help families with the expense of having a dependant participate in organized.

Information:

[Athletes for Kids](#)

Application:

[Application Form](#)

Autism BC Ticket Giveaway: Free tickets to popular local events for families with an autistic person. Sports, concerts, Science World, and more!

Information:

[Autism Ticket Giveaway](#)

Brain Injury Program provide supports for people with brain injuries.

Information:

1. [Island Health Brain Injury Program](#)
2. [Brain injury programs in BC \(in alphabetical order\)](#)

BC Cancer Agency mandate covers the full spectrum of cancer care from prevention, screening, diagnosis and treatment, to research and education, to supportive and palliative care.

Information:

[BC Cancer Agency](#)

BC Paraplegic Foundation provides funding for people with disabilities from spinal cord injuries. Funding support grants are available for various mobility aids, adaptations, and aids to daily living.

Information:

[BC Paraplegic Foundation](#)

BC Rehab Foundation provides funding for assistive equipment for people with physical disabilities

Information:

[BC Rehab Foundation](#)

Application:

[Individual Grant Application](#)

The **Best Buddies Program** matches people with disabilities with students from UVic who wish to volunteer. Our program gives people with disabilities the chance to have experiences that most people take for granted – going for coffee, out to a movie, or simply enjoying the company of a good friend.

Information:

[The Best Buddies Program](#)

Camp Fees Supplement assistance to pay camp fees for children on income assistance, disability assistance, or hardship assistance recipients, or for disabled adults

Information:

[Camp Fees Supplement](#)

CanAssist is located at the University of Victoria. They develop innovative technologies and programs where there are gaps in existing services. They are dedicated to assisting people with disabilities improve their quality of life, with a focus on promoting independence and inclusion.

Information:

[CanAssist](#)

<p>Cerebral Palsy Association of BC financial assistance for the purchase of assistive devices – as well as other programs</p>	<p>Information: Cerebral Palsy Association of BC</p> <p>Application: Electronic Application</p>
<p>Cerebral Palsy Association Campership financially assists individuals of all ages to attend a special needs camp of their choice in BC. Subsidies go towards costs such as camp fees, transportation, and attendant care fees.</p>	<p>Information: Campership Subsidy</p>
<p>Communication Assistance for Youth and Adults (Caya) is a provincial program for adults 19+ who need an alternative communication system</p> <p>Did you know? <i>When a person is unable to use words, they often find different ways of communicating, this can be expressed through art, music and even anger.</i></p>	<p>Information: Communication Assistance for Youth and Adults (Caya)</p> <p>Application: Application Form</p>
<p>Community Access Cards assist individuals and families, who are low-income with access cards for Parks and Recreation activities such as: swimming, skating and more.</p>	<p>Victoria: LIFE Program</p> <p>Saanich: Leisure Involvement For Everyone (L.I.F.E)</p> <p>Sooke: Leisure Assistant Pass</p> <p>Duncan: Cowichan Community Centre - Recreation Access Program</p> <p>Nanaimo: Leisure Economic Access Pass (LEAP)</p> <p>Port Alberni: Having Everyone Access Recreation Today (HEART)</p> <p>Courtenay: Leisure for Everyone Accessibility Program (LEAP)</p> <p>Campbell River: Leisure Involvement For Everyone (L.I.F.E Program)</p>

<p>Cops for Kids assists with the financial burdens placed on families of <u>children in medical crisis</u> and work to reduce significant hardship and stress to the family both emotionally and financially. They focus on three funding areas:</p> <ul style="list-style-type: none"> • Travel / Accommodation for medical treatment • Therapies • Specialized Medical Equipment • Grants outside of these funding areas will be considered 	<p>Information:</p> <ol style="list-style-type: none"> 1. Cops for Kids 2. Funding Guidelines <p>Application: Application Form</p>
<p>Down Syndrome Resource Foundation offers educational and recreational group programs for youth and adults with Down syndrome.</p>	<p>Information: Down Syndrome Resource Foundation</p> <p>Application: Income-Based Financial Assistance</p>
<p>Easter Seal Camp offers summer camp experiences to children and adults with physical and cognitive disabilities</p>	<p>Information: Easter Seal Camp</p>
<p>The Help Fill A Dream – Family Assistance Program assists families whose child has a life-threatening / critical condition, focusing on a child’s mobility, health, and well-being. The intent of the program is to help reduce the financial stress that families experience from the costs and challenges associated with their child’s condition.</p>	<p>Information: Help Fill a Dream Foundation</p> <p>Application: Help Fill a Dream - Financial Assistance</p>
<p>Jeneece Place is a home where children and their families can stay while receiving medical care in Victoria. Jeneece Place is located on the Victoria General Hospital grounds, housing 10 bedrooms; a kitchen; dining, living and play rooms; and a backyard where kids can feel at home.</p>	<p>Information: Jeneece Place</p>
<p>Jennifer and Gregory Louie Foundation grants for equipment for people of all ages with cerebral palsy</p>	<p>Information: Jennifer and Gregory Louie Foundation</p> <p>Application: How to Apply</p>
<p>The McAdams Foundation provide funds in to help create a happier life for children and teenagers with disabilities or impairments.</p>	<p>See website for application process: The McAdams Foundation</p>
<p>BC Government Mood and Anxiety Resources: Mood and Anxiety refers to emotional issues relating to temporary or ongoing highs (being manic) or lows (feelings of despair). These highs or lows may cause withdrawal from regular social or work activities. Examples include anxiety, panic attack, depression, bipolar, bullying, anger, phobia, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), or postpartum depression.</p>	<p>Information: BC Government Mood and Anxiety Resources</p>

<p>Provincial Respiratory Outreach Program provides equipment and support to help individuals in the community who use assisted ventilation live well in their own home. Services include community discharge planning, respiratory therapist services, peer support, education and family support, biomedical engineering services, and 24-hour client support line.</p>	<p>Information: Provincial Respiratory Outreach Program</p>
<p>Spina Bifida and Hydrocephalus Association of British Columbia assists people with items that will enhance or improve mobility for persons with spina bifida or hydrocephalus are eligible for reimbursement</p>	<p>Information: Spina Bifida and Hydrocephalus Association of British Columbia</p>
<p>Student Aid BC assist with the cost of post-secondary education through student loans, grants, and scholarships. We also have programs that help with loan repayment.</p>	<p>Information: 1. Student Aid BC 2. Education Grants for People who Experience Barriers</p>
<p>Telus for the Good Program provides the following programs:</p> <ul style="list-style-type: none"> • Mobility for Good for Youth provides a free smartphone and plan to youth aging out of foster care, helping them successfully transition to independence. • Mobility for Good for Seniors provides access to a discounted smartphone and subsidized mobility rate plan for Canadian seniors receiving a Guaranteed Income Supplement (GIS) amount of \$6,500 or more annually, ensuring that they stay connected to loved ones and can access important resources and information. • Telus Internet for Good offers subsidized, high-speed Internet to qualified low-income families and seniors, youth aging out of care and people with disabilities in need. • Tech for Good helps improve quality of life, independence and personal empowerment of people with disabilities by offering customized recommendations and training on assistive technology for mobile devices. A collaboration between TELUS and March of Dimes Canada, the program supports people with disabilities regardless of their mobility provider. <p>Did you know? During the covid-19 pandemic Telus offered more than 100 phones with unlimited talk and text– all of these phones went to people in need and were distributed by Island Health staff throughout various programs.</p>	<p>Information: Telus for the Good Program</p>
<p>Variety Club assists children & youth with special needs across BC. They strive to work to fill gaps in the system. They focus on five funding areas:</p> <ul style="list-style-type: none"> • Adaptive & Mobility Equipment • Mental Wellness • Private Assessments • Specialized Therapies • Tuition & Tutoring 	<p>Information: Variety Club</p> <p>Application: Application Form</p>

Federal - Grant, Loans, Subsidies and Supportive Resources	
Access 2 Entertainment Card grants free or significantly discounted attendance for a support worker at hundreds of recreational, entertainment, and cultural venues throughout Canada	Information: Access 2 Entertainment Card
ALS Equipment Loan Program designed to help people cope with the daily challenges of decreasing mobility and independence. By obtaining basic and essential assistive devices at no charge, we hope to reduce the financial burden and enhance the quality of life of those living with ALS. This includes mobility equipment, lifts, beds & accessories, bathroom aids, and communication devices.	Information: <ol style="list-style-type: none"> 1. ALS Equipment Loan Program 2. Assistive Equipment Prescription Form 3. Equipment Repair Request Form
Canada Grant for Services and Equipment available to students with permanent disabilities pay for education related costs for services and equipment. Up to \$20,000 per year	Information: Canada Grant for Services and Equipment
Canadian National Institute for the Blind (CNIB) offers a variety of services and resources to people of all ages who are blind or partially blind. They also assist blind or partially sighted persons who register with CNIB to receive a free Smartphone through the Phone It Forward program Did you know? <i>CNIB has an RN attached to their program that assists people with diabetes who are blind or partially sighted to teach insulin management.</i>	Information: <ol style="list-style-type: none"> 1. Canadian National Institute for the Blind (CNIB) 2. CNIB Phone It Forward Program
Canadian Mental Health Association (CMHA) offer community supports and services. Including the BounceBack Program, free mental health coaching on the telephone for adults and youth 15+ who are experiencing low mood, mild-to-moderate depression and anxiety, stress or worry. The Government of Canada offers free counselling, online courses, self-guided programs and peer support groups through the Wellness Together portal.	Information: Canadian Mental Health Community Supports: <ol style="list-style-type: none"> 1. Community Canadian Mental Health Service 2. BounceBack Program 3. Wellness Together Portal 4. Here to Help
Canadian Red Cross: Health Equipment Loan Program	Application: <ol style="list-style-type: none"> 1. Equipment Referral Form 2. Loan Extension Request Form
Ceridan Cares provides grants for food, clothing, footwear, and household items. We provide assistance for medical devices, home adjustments for barrier free living, and recreation programs <u>for individuals and families in need.</u>	Information: Ceridan Cares Grants Application: Ceridan Cares Grant Application
Diabetes Canada provides information on “ <i>living with diabetes</i> ” with information, recipes as well as family camps.	Information: Diabetes Canada

Dress for Success - Canada Foundation empowers women to achieve economic independence by providing a network of support, professional attire, and development tools to help women thrive in work and life.	Information: Dress for Success
Epilepsy Society Camp Bursaries Financial subsidies to help cover the costs of various camp programs. These are for children who need extra support due to medical needs and learning or physical disabilities	Information: Epilepsy Society Camp Bursaries
Good Life Kids Foundation designed for children with developmental disabilities	Information: The Move Program
Jordan's Principle makes sure all First Nations children living in Canada can access the products, services and supports they need, when they need them. Funding can help with a wide range of health, social and educational needs, including the unique needs that First Nations Two-Spirit and LGBTQQIA children and youth and those with disabilities may have.	Information: About Jordan's Principle
Jumpstart charity assists kids overcome financial and accessibility barriers to sport and recreation	Information: Jumpstart Application: Electronic Application
Kidney Foundation provides an interactive online community to help support all kidney patients, care partners, and living organ donors. It includes free resources and videos on staying fit, eating well, activities to boost mental health, plus opportunities to get connected and stay social.	Information: Kidney Foundation
Kid Sport provides financial assistance for registration fees and equipment to kids 18 and under	Information: Kid Sport Application: Electronic Application
March of Dimes Canada's Assistive Devices Program (ADP) assists adults and seniors who are living in financial need to purchase mobility devices.	Information: March of Dimes Canada's Assistive Devices Program (ADP) Application: Application Form
Music Heals provides funding for music therapy in BC and across Canada. We increase access to music therapy for children, senior, palliative care, at-risk youth, habilitation, and bereavement support.	Information: Music Heals
Recreation Adapted Society (RAD) is a registered Canadian charity whose mission is to create opportunities and remove barriers for individuals living with	Information: Recreation Adapted Society

<p>mobility issues to maintain healthy, active, independent lifestyles through access to the outdoors regardless of financial circumstance.</p> <p>Did you know? RAD hosts an inventory of rental outdoor adaptive recreation devices that help people with mobility challenges get outside to play their way. Biking, hiking, surfing, paddling, skiing, and golfing are all accessible on Vancouver Island.</p>	
<p>The Royal Canadian Legion provides financial assistance to serving and former Canadian Armed Forces members, RCMP, and their families who are in financial distress. Grants are available for food, heating, clothing, prescription medication, medical appliances and equipment, essential home repairs and emergency shelter or assistance. Smaller comforts can also be provided to Veterans and surviving spouses who are hospitalized</p>	<p>Information: Royal Canadian Legion</p> <p>Application: Application Form</p>
<p>Spina Bifida and Hydrocephalus Association: Camp and Recreation Subsidies Financial assistance is available for summer camp and other recreational activities</p> <p>Did you know? Spina Bifida and Hydrocephalus Association also offers grants for equipment, technology and learning how to drive.</p>	<p>Information: Spina Bifida and Hydrocephalus Association</p>
<p>Wear2Start program assists all women with up-to-date, stylish clothing for any situation that has meant losing access to clothing. They can also offer a little boost to the wardrobe and confidence of a single mom or woman of limited means who is struggling to make ends meet. They also support the transgender community.</p> <p>Did you know? Wear2start assists clients who need clothing for a meeting with a prospective landlord, a potential employer, going back to school or appearing in court.</p>	<p>Information: Wear2Start</p>
<h2>Advocacy</h2>	
<h3>Provincial - Advocacy</h3>	
<p>Ask an Advocate provides basic and clear information about income assistance and other income support programs, disability benefits (provincial and federal), and tenancy.</p>	<p>Information: Ask an Advocate</p>
<p>Advocate for Service Quality reports directly to the Minister of Social Development and Poverty Reduction. The Office of the Advocate for Service Quality (OASQ) helps government better support:</p> <ul style="list-style-type: none"> Adults with a developmental disability (this includes Autism Spectrum Disorder and Fetal Alcohol Spectrum Disorder) Teens with a developmental disability who are almost an adult Teens with special needs 	<p>Information: Advocate for Service Quality</p>

<ul style="list-style-type: none"> Family members and others who support a person with a developmental disability 	
<p>The BC Human Rights Clinic is operated by the Community Legal Assistance Society. The clinic assists people to file complaints as well as they provide free legal assistance and representation to individuals who have filed complaints with the BC Human Rights Tribunal.</p>	<p>Information: The BC Human Rights Clinic</p>
<p>Child and Youth Representative provides advocacy support to people dealing with the service system and advocates directly on behalf of children, youth and young adults.</p>	<p>Information: Child and Youth Representative</p>
<p>Disability Alliance provides assistance to people with:</p> <ul style="list-style-type: none"> Provincial and federal (Canada Pension Plan Disability) income supports and other benefits. - Tax AID DABC helps people with disabilities living on low incomes to file their taxes year-round, and navigate other tax issues. Disability Law Clinic is able to provide free legal advice and representation to people with disabilities who are dealing with human rights violations and discrimination. Right Fit Program matches wheelchair users with accessible, affordable housing. 	<p>Information: Disability Alliance</p>
<p>The Family Support Institute of BC (FSI) provides assistance to families with:</p> <ul style="list-style-type: none"> Connection and Support Advocacy support and guidance Transitions System Navigation 	<p>Information: Family Support Institute</p>
<p>Find Support BC connects families of persons with disabilities with resources available to them.</p>	<p>Information: Find Support BC</p>
<p>Inclusion BC is a non-profit provincial organization that advocates for the rights and opportunities of people with intellectual disabilities and their families. We are a federation of members that include people with intellectual disabilities, their families and organizations that serve them.</p>	<p>Information: Inclusion BC</p>
<p>Inter-Cultural Association (ICA) support the full integration of newcomer immigrants and refugees into the social, economic and civic life of the Capital Region of British Columbia.</p>	<p>Information: Inter-Cultural Association</p>
<p>MyBooklet BC is A FREE online tool people can use to create a beautiful and personalized information booklet for a loved one or for themselves.</p>	<p>Information: MyBooklet BC</p>

<p>Did you know? <i>My Booklet BC</i> allows a person to share their story in one document – without having to repeat the story to doctors, teachers, therapists, friends and family.</p>	
<p>Office of the Seniors Advocate of British Columbia is an independent office of the BC provincial government acting in the interest of seniors and their caregivers.</p>	<p>Information: Office of the Seniors Advocate of British Columbia</p>
<p>Seniors First BC operates a province-wide, help line for seniors that provides information, legal advocacy, support, and referrals to older adults across BC who are dealing with issues affecting their well-being, as well as those who care for them.</p>	<p>Information: Seniors First BC</p>
<p>Plan Institute is a non-profit and social enterprise that supports people with disabilities and their families. They provide educational material and resources, collaborate on community-based projects, and engage with a wide array of partners to host innovative initiatives for change and policy reform.</p>	<p>Information: Plan Institute</p>
<p>Federal - Advocacy</p>	
<p>Canadian Human Rights Commission states that everyone person is entitled to the right of equality and dignity, and to live free from all forms of discrimination.</p>	<p>Information: Canadian Human Rights Commission</p>
<p>Service Canada Outreach Services have Benefit Outreach Officers that assist with system navigation and outreach to federal programs and services.</p>	<p>Information: Service Canada Outreach Services</p>
<p>Debt Relief Services</p>	
<p>Provincial - Debt Relief Services</p>	
<p>Credit Counselling Society: Free Credit & Debt Counselling Services in British Columbia</p>	<p>Information: Credit Counselling Society</p>
<p>Federal - Debt Relief Services</p>	
<p>Repayment Assistance plan for Borrowers of a Student Loan and is available to <u>all</u> people having <i>financial difficulty</i> and cannot make their payments.</p>	<p>Information: Repayment Assistant Programs</p>
<p>Taxpayer Provision Program: A program administered by CRA that may grant relief from amount owed in situations where there is:</p> <ul style="list-style-type: none"> • Extraordinary circumstances • Inability to pay or financial hardship <p>Did you know? <i>Some people do not file their taxes, because they have monies owing and do not understand how to navigate the CRA system.</i></p>	<p>Information: Tax Payer Provision Program</p> <p>Application: RC4288 Request for Taxpayer Relief - Cancel or Waive Penalties and Interest</p>

Benefit Finder

Provincial - Benefit Finder

Provincial Benefit Finder (211) provides a database of provincial services.	Information: Provincial Benefit finder
My Community BC provides a database of community-based services.	Information: My Community BC
Family and Social Supports for BC provides a database of social supports for people in BC.	Information: Family and Social Supports for BC
Federal Benefit Finder provides a database of federal services.	Information: Federal Benefit Finder